

## Settlement Services for Newcomers/Immigrants to Canada

To help newcomers integrate into Canadian society, settlement services are available for newcomers/permanent residents (PR), Canadian citizens, international students, work permit holders, live-in caregivers and convention/refugee claimants to Canada (proof required).

### We provide information and referral:

- English/French language classes (Full-time, Evenings, Weekend)
- Assistance in filling forms for PR card, pensions, health card, child tax benefit, employment insurance and others
- Social assistance and Ontario Disability Support Program
- Commissioner of oath and attestation of documents
- Immigration and preparation of Citizenship test
- Housing, health, childcare and senior benefits
- Employment, training, and skills development programs
- Orientation and information (one-on-one/family group)
- Workshops and information sessions
- Orientation to Canadian Laws/norms and neighborhood
- Translation/interpretation services



All services are confidential and at NO COST to clients.

#### Office Locations:

50 Sunny Meadow Blvd., Unit 207  
Brampton, ON L6R0Y7

2980 Drew Road, Unit 241  
Mississauga, ON L4T0A7

#### Coming in Fall 2022:

60 West Drive Suite 102 B and C  
Brampton, ON L6T3T6

7700 Hurontario Street, Unit 1300  
Brampton, ON L6Y4M3

225 Dougall Avenue  
Caledon, ON L7C3M7

For more information and to book an appointment, please contact:

905-677-0889 Ext. 100 or  
email: [info@pchs4u.com](mailto:info@pchs4u.com)  
Mon.-Fri. 9:00 AM - 5:00 PM

Clients can be referred or self-refer to programs.

**Currently programs are offered  
in-person and virtually.**

[www.pchs4u.com](http://www.pchs4u.com)

Revised May 2022

## Welcome To



## SETTLEMENT SERVICES FOR NEWCOMERS TO CANADA

AT PUNJABI COMMUNITY HEALTH SERVICES

**English | Arabic | Armenian |  
Dari | Farsi | French | German |  
Hindi | Italian Punjabi | Spanish  
| Turkish | Urdu**



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada



Programs are funded by Immigration, Refugee Citizenship Canada and the Ministry of Labour, Training and Skills Development



**Ontario**  
Ministry of Labour, Training  
and Skills Development



## Settlement Crisis Support Services

Immediate support and services for newcomer individuals and families. Crisis Support Services staff assists clients to:

- identify and prioritize needs, as well as develop plans
- provide on-going short-term supportive counselling
- refer to community resources to help clients achieve their goals
- empower them in developing effective solutions during crisis and challenging life situations
- promote positive mental health and well-being
- address any other arising needs



## Newcomer Connections Program (NCP)

The NCP is a matching program designed to ease the settlement of newcomers to Canada. Trained and established volunteers in this program are matched with newcomer families and individuals to help them settle in their communities successfully.



## Care for Newcomer Children Program (CNC) (Brampton site only)

Childcare services are available for clients with settlement needs and students for language classes. We provide childcare services for children ranging from 19 months to 12 years of age. PCHS Care for Newcomer Children Program (CNC) follows a philosophy of learning through play. Through children's natural curiosity to explore their environment, PCHS is committed to creating a setting that first engages and then stimulates physical, social, emotional and cognitive development with a goal of maximizing their potential.



## Language Instructions for Newcomers (LINC)

The LINC program works in collaboration with PMC (Peel Multicultural Council) to provide basic language training in English to adult newcomers. LINC facilitates the social, cultural and economic integration of immigrants and refugees into Canada through its curriculum. The LINC program assists newcomers in adapting to the Canadian way of life and in turn, assists them to become participating members of the Canadian Society.

## Newcomer Youth Program (NYP) (8 to 25 years)

The program is assisting newcomer children and youth to build their life skills, and making decisions for the best quality of life. Youth are provided with supportive counselling support, leadership, civic engagement, employment support, academic engagement, information sessions, arts & crafts, parent & youth relationship building and volunteer opportunities!



## Employment Preparedness Program

The employment preparedness program provides eligible clients with the tools and skills to find employment and be prepared to enter the Canadian workforce. The Employment Preparedness Specialist connects clients with resources to bridge their education, validate credentials, conduct job searches, prepare, and assist clients on their cover letters, resumes, and be prepared for job interviews.