

RESOURCES FOR YOUTH

1. Big brothers and big sisters- 605 Santa Maria Blvd, Milton ON L9T 6J5 [905-878-8840](tel:905-878-8840)
2. Big brothers and sisters of Halton- 464 Morden Rd, Oakville, ON L6K 3W4 [\(905\) 339-2355](tel:905-339-2355)
3. Radius Child and Youth Services- 60 Lakeshore Rd W, Oakville, ON L6K 1E1 [\(905\) 825-3242](tel:905-825-3242) **FOR CHILDREN AND YOUTH**
4. Oak Park neighborhood center- 2200 Sawgrass Dr, Oakville, ON L6H 7K3 [\(905\) 257-6029](tel:905-257-6029) **FOR CHILDREN, YOUTH AND SENIORS**
5. Wesley - Mobile Service - Housing Services – Halton Email- housing.halton@wesley.ca **CHILDREN YOUTH, NEWCOMER, HOUSING AND HOMELESSNESS**
6. Kerr Street Mission - Community Social Services
905-845-7485
905-845-5871 Email- admin@kerrstreet.com
www.kerrstreet.com 485 Kerr St
Oakville, ON

SHELTERS/HOUSING SUPPORT

1. Summit housing and outreach- **Burlington** 760 Brant Street Suite 405A Burlington, ON L7R 4B7 (905)333-4814 **supportive affordable housing for people with diagnosed mental illnesses and provides case management services.**
2. Halton Women's Place South Shelter 905-332-1593
3. **Wesley Housing Services - Halton**
* 905-528-5629 or call 3-1-1
* emergency shelter services for women and families in short-term accommodations
4. **Salvation Army Halton Lighthouse Shelter**
* 905-339-2918 or call 3-1-1
* located in Oakville, this is the general emergency shelter for **men** in Halton
* shelter may be able to arrange transportation

NEWCOMER AND EMPLOYMENT RELATED RESOURCES

1. Halton multicultural council - 310 Main Street East Unit 107, Milton ON L9T 1P4 [905-864-6565](tel:905-864-6565)
FOR NEWCOMERS
2. YMCA Employment & Training Services – Burlington
500 Drury Lane
Burlington, ON L7R 2X2
905-681-1140
905-681-8366

RESOURCES FOR PEOPLE EXPERINCING PHYSICAL/DEVELOPMENTAL DISABILITIES

1. Community living north Halton- 500 Valleyview Cres, Milton ON L9T 3L2 [905-693-0528](tel:905-693-0528)
2. March of dimes- 259 Robinson St, Oakville, ON L6J 1G6 [\(905\) 845-7412](tel:905-845-7412) **FOR PEOPLE EXPERIENCING PHYSICAL DISABILITIES AGE 16 & UP**
3. Milton place & friends landing –Office Phone (Mon-Sun 24 hours 905-825-6000 or call 3-1-1 Toll Free Phone 1-866-442-5866)
Website- www.halton.ca/For-Residents/Older-Adults/Community-Programs/Older- **FOR ADULTS WITH physical disabilities, frail health, Alzheimer’s Disease or related dementias.**
4. Elite senior care- [416-223-2831](tel:416-223-2831) **Housekeepers and nanny**

ADDICTIONS AND MENTAL HEALTH RESOURCES

1. Halton Family services - 86 Main St E, Milton ON L9T 1N3 <https://thrivecounselling.org/> [905-845-3811](tel:905-845-3811) **COUNSELLING AND MENTAL HEALTH**
2. STRIDE- 247 North Service Rd W Suite 200, Oakville, ON L6M 3E6 **Phone:** [\(905\) 693-4252](tel:905-693-4252)
3. Summit housing and outreach- **Burlington** 760 Brant Street Suite 405A Burlington, ON L7R 4B7 (905)333-4814 **supportive affordable housing for people with diagnosed mental illnesses and provides case management services.**
4. Child & family pathways- **Phone:** 905-741-3386 **Email:** devin@childandfamilypathways.com
FAMILY COUNSELLING

FOOD & LOW INCOME RELATED RESOURCES

1. Home Suite Hope shared- 200 North Service Rd W, Oakville, ON L6M 2Y1 [\(905\) 339-2370](tel:9053392370) **FOR LOW INCOME FAMILIES EXPERIENCING POVERTY**
2. Oakville Meals on wheels- 760 Pacific Rd Unit #17, Oakville, ON L6L 6M5 [\(905\) 842-1411](tel:9058421411) – **Provide food services**
3. Compassion society Burlington- LOCAL COMMUNITY RESOURCE **provides food, clothing, household articles and local referrals.**

FOR PREGNANCY AND CRISIS SUPPORT RESOURCES

1. The women's centre- 1515 Rebecca St #229, Oakville, ON L6L 5G8 [\(905\) 847-5520](tel:9058475520) **SUPPORTING WOMEN IN CRISIS**
2. SAVIS- South Oakville Centre, 1515 Rebecca St #227, Oakville, ON L6L 5G8 [\(905\) 825-3622](tel:9058253622) **PROVIDING SERVICES TO survivors of sexual assault and violence**
3. Halton alive- [\(905\) 632-3232](tel:9056323232) INFO@HALTONALIVE.COM **Supporting pregnant women**