

Employment Opportunity

Punjabi Community Health Services

Job Title: Therapist (2 Positions) Job Posting # TH-019/2020-21	Date Posted: January 4, 2021	Report to: Communications & Research Analyst Position Type: One Year Part Time Contract
	Date Closed: January 15, 2021	

About the Organization:

Punjabi Community Health Services (PCHS) is a pioneer community based not for profit, charitable organization. PCHS has been fulfilling the needs of the diverse populations for 30 years by providing services in the areas of addictions, mental health, geriatric, health promotion, domestic violence, parenting, settlement and services for women, children and youth. PCHS has several research studies to its credit and recognized as an innovative organization for community development and its Integrated Holistic Service Delivery Model. PCHS is accredited by Commission of Accreditation Rehabilitation Facilities (CARF) International and Imagine Canada. PCHS is a 2SLGBTQ sensitive organization.

About the Position:

PCHS in partnership with CAMH is participating in the project titled 'Development and Evaluation of Culturally Adapted CBT to Improve Community Mental Health Services for Canadians of South Asian Origin'. We are seeking two (2) part-time Therapist positions for this project.

The Therapist will support a randomized control trial that will assess the effectiveness of culturally adapted cognitive behavioural therapy (CBT) compared to standard CBT in South Asian clients. Clinical service provision will involve virtual care and may include in-person treatment as needed. Additional training in CBT will be provided. As the trial aims to compare standard CBT with culturally adapted CBT, therapists giving culturally adapted CBT will receive additional training in cultural sensitivity.

Qualifications and skills required:

- A Bachelor's degree in psychology, social work, or related field combined with a minimum of 1 year of post-graduate direct clinical experience in a mental health treatment setting
- Be a registered member in good standing in a regulated health care discipline and must show proof of registration with the respective College (e.g. College of Registered Psychotherapists of Ontario (CRPO), Ontario College of Social Workers and Social Service Workers (OCSWSSW), or College of Psychologists of Ontario (CPO). For regulated health professionals from the CRPO, one must be an RP in independent practice (RP Qualifying members, and RPs not yet in independent practice are not eligible to apply)
- Knowledge and demonstrated skills in the conduct of CBT is required
- Skills in structured clinical assessment would be an asset
- Experience with the team approach to treatment is required
- Strong interpersonal skills, be able to work independently and within a team, and have the ability to communicate effectively (written and verbal)
- Knowledge of community resources in mental health and substance use treatment is essential
- Computer skills, including word processing and electronic communication are essential

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- Knowledge of and experience with computerized client information databases would be an asset
- Experience working in research environments would also be considered an asset
- Bilingualism (French/English) and/or proficiency in a second language would be an asset

Requirements:

- Proof of registration with applicable regulatory body as mentioned under 'Qualifications and Skills required' above
- Must possess a valid Ontario Driver's License, have regular access to a reliable vehicle and provide proof of adequate vehicle insurance
- A satisfactory current Vulnerable Sector Screening (Criminal Record Check) report
- Current CPR and First-Aid certification

Key Responsibilities:

- Provide CBT to individuals experiencing depression and/or anxiety who are enrolled in the study
- Provide treatment planning and some case management as required
- Establish and maintain therapeutic relationships with client and facilitate individual counselling
- Participate in research activities including weekly virtual clinical supervision with the Clinician Scientist, completing study assessments (e.g., Working Alliance Inventory) and study-related documentation
- Contribute to program development, research and educational activities of the service
- You will support a workplace that embraces diversity, encourages teamwork, and complies with all applicable and regulatory requirements
- Other related duties as assigned

Hours: Part Time, 18.75 hours per week
(Some evenings and weekends work is required)

Position to commence: February 1, 2021

Please submit resume by January 15, 2021 to the Hiring Committee at:
hr@pchs4u.com

Please add **Job Posting # TH-019/2020-21** to the email subject line and cover letter.

PCHS offers an attractive and rewarding work environment. We appreciate the interest of all applicants, but only those under consideration will be contacted for an interview.

PCHS is committed to diversity in its workplaces and welcomes applications from all visible minority groups, women, Aboriginal persons, 2SLGBTQ, persons with disabilities, among other self-identified diverse groups. We also provide accessible employment practices that comply with the Accessibility for Ontarians with Disabilities Act ('AODA'). If you require accommodation for a disability during any stage of the recruitment process, please notify Human Resources at jasmin@pchs4u.com