





## **Family Enhancement Program**

### **Building positive strength in life**

Every individual needs to develop positive strengths in life, as one has power over their mind to utilize effective resources and explore their creative hidden strengths and capabilities to make best use of available resources. Every individual should try to be open minded, use their critical thinking, sound judgement, explore new learning skills to enhance their life styles and bring happiness to their life. Many times, women just think about their families, kids and try to avoid their personal life and enjoyment for others sake, as women think others are more important part in their life or they are pressurized by their family or relatives to behave like this. In Women's group program, we try our level best to encourage, motivate and bring in the right spirit in them to deal with the day to day challenges with ease and develop positive attitude in life and take every day a challenge to move forward. As one should realise that difficulty is a part of life and no one can escape out of it, everyone should try to handle it in the best possible manner. Every person should know the country laws, rules and regulations and try to make best possible utilization of the same to make their life happier and others too in the best possible manner. In women's group, we provide them with tactics of how to deal with the prevailing life situations to their best interest.

**- Lucy Methew Family Enhancement Case Manager**

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## **Senior's Program**

### **3rd Annual Seniors Cultural and Baisakhi Celebrations**

PCHS hosted its 3rd Annual Seniors Cultural and Baisakhi Celebrations event on April 30, 2015. Every year, PCHS organizes this event with the help of its Seniors, Geriatrics Team and Volunteers. The event provides a platform to all our seniors to showcase their remarkable talents and celebrate their rich cultural traditions. With an attendance of around 150 seniors, the event was a huge success. The enthusiasm of the seniors was reflected in their planning for activities; dressing up and active involvement in different parts of the celebrations.

The motivating speech by Mr. Baldev Mutta, the CEO of PCHS served as an energy booster for the senior participants. The performances that followed the speech's included prayers, poetry and songs by the seniors which gave this function a great beginning. The involvement of the participants became stronger when the jokes and skits session started. The other highlights of the event included scrumptious food and traditional South Asian folk dance performances by our seniors.



**- Shumaila Waheed Caregiver Support Worker**

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## Mental Health Program

### Client's Testimonial

April 15, 2015

Teena Bhushar is my case Manager for mental health. She takes me to Brampton Civic Hospital for ECT, Doctor appointments and injection appointment. She always came in time and I never miss any appointment. She is very helpful to me. She is also discussing and treating my depression reasons.

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## Settlement Services

### Strengthening Canadian Citizenship Act: Blueprint for Citizenship Improvements

Bill C-24, the Strengthening Canadian Citizenship Act, which became Canadian law, includes a number of important changes making the citizenship program more efficient so that qualified applicants will obtain citizenship more quickly. It is expected that by 2015–2016, these changes will bring the average processing time for citizenship applications down to under a year and that the current backlog will be reduced by more than 80 percent.

#### New streamlined decision-making model

Under the old model, obtaining citizenship was a three-step process that involved duplication of work: Citizenship officers reviewed the files and prepared them for a citizenship judge, who approved or rejected the application, returned it to the officer, who then granted citizenship on behalf of the Minister or recommended an appeal of the judge's decision.

Under the new model, the process will be streamlined into one single-step. Citizenship officers will decide all aspects of a citizenship application. On a transitional basis, cases where the officer believes the applicant does not meet the residence requirement will be referred to citizenship judges. Citizenship judges will also remain responsible for the important role of presiding over citizenship ceremonies and administering the oath of citizenship, which is the final step before citizenship is granted.



Source: <http://news.gc.ca/web/article-en.do?nid=863269>

[This information is received from the Government of Canada website. Please follow the website link mentioned above for more information or contact PCHS settlement counsellors at 905-677-0889.]

-Settlement Team

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## **MCBP –4th Youth Leadership Program Graduation**

It will be written in the history of Malton Community Building Project where more than 60 youth trained and graduated under MCBP Youth Leadership Program within one year. The number of graduates has exceeded the expectations of everyone including the project expectations from Ontario Trillium Foundation where they expected to train 6-11 youth per year and engage them in the community .....Since April 6<sup>th</sup> 2014 these young ambassadors were always there to volunteer and support MCBP in the community whether it's Annual Tree Planting, Kids Face Painting at Meet your Neighbor Day, Creating Environmental Awareness, Meet your Candidate Night, Christmas Tree Decoration, Candle Light Vigil, Community Conversations, or MCBP Advisory Committee Meeting.

Someone once said that “The lotus, though lovely, requires its green leaves for support ‘and our green leaf.....the biggest support behind this project..... Baldev Mutta Ji, without his patronage this lovely lotus, the legacy of MCBP would not be able to sustain. I thank PCHS for adopting this program and granting the funding for PCHS Youth Leadership Program in forthcoming months. Our next session of PCHS Youth Leadership Program will start in September, you can contact at [uzma@pchs4u](mailto:uzma@pchs4u) for more information.



-Uzma Irfan

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**Baljit Virk**  
Scotia advisor

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