



NEWSLETTER - JUNE 2014

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Message from CEO/COO

We are very pleased to share our new Strategic Plan with our readers.

The new MISSION is “to improve the quality of life of the community” and the new VISION is “Empowered Communities.”

PCHS is guided by five VALUES and these are: Respect for Diversity: We respect individual differences and pride ourselves on providing a safe, positive and nurturing environment for both clients and staff. Service Excellence: We take responsibility to provide excellent service and link clients to the most appropriate resources in the community. Good Governance: We maintain good governance by having an experienced board, practising sound fiscal responsibility and operating on effective policies and procedures. Staff Expertise: We value staff expertise and invest in their ongoing professional growth and skills development. Innovation and Partnership: We provide evidence based programs which are managed by equitable partnerships and are continuously evaluated and improved.

PCHS will provide services in these Core Programs: Mental Health and Addictions Services, Seniors Services, Child, Youth and Family Services, and Settlement Services.

The Core Programs will be supported by the Volunteer Program.

PCHS staff will use the following to provide services: An Integrated Holistic Service Delivery Model, One to One interventions, Group programs, Case Management approach, Family Centred approach and Health Promotion.

PCHS provides services in the areas of health, social and settlement services using an Integrated Holistic Service Delivery Model in a culturally appropriate manner.

Malton Community Building Project -Let's Talk

Malton Community Building Project hosted Let's Talk –

Session 2 on May 30th 2014. At this session community members met their MPP- Jagmeet Singh as Meet your Candidate and discussed their issues while learning more about the



upcoming elections.

Crystal Perryman Mark from Malton Moms and Mrs. Jai Shree Gupta from Malton Women Council facilitated the session. About 30 community members from all walks of life attended this session. Some questions were raised about elections, growing Post-secondary tuition fee, challenges in finding employment for fresh graduates, public transportation problems on Sunday in Malton, inaccessibility and affordability issues of central community place, need for a community hub for grassroots organizations, absence of Youth Centre in Malton, unfair school program funding and shuttle service in Malton.



Malton Community Building Project will continue to bring more sessions of civic engagement in the community to address the community issues and concerns.

-Uzma Irfan

5th Annual Seniors Health Mela

ORGANIZED BY PUNJABI COMMUNITY HEALTH SERVICES

Punjabi Community Health Services (PCHS) hosted its 5th Annual Seniors Health Mela on Sunday June 22, 2014. Around 500 senior members of our community



came out on a beautiful sunny day to attend this informative and entertainment filled Mela.

PCHS' Sahara Seniors Program team worked hard to

plan, organize with the help of other PCHS staff and

volunteers to make this event a big success. Community Agencies, Entrepreneurs and other service providers show cased their services by displaying through their booths.

Health Mela is organized for seniors and their loved ones

to gain knowledge and information about different Health issues and other related concerns of their age. On this very day our most respectful and important seniors were the Master of



Ceremony, role played in a skit and recited different poems and religious songs.

In middle of lush green environment, community members of every age group along with their family members enjoyed all the information sessions provided by different service providers and entertainment pieces presented by seniors.



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